

New York Blood Center

MEDICAL CONDITIONS GUIDELINES

NOTE: These are recommended guidelines. Deviations from the Medical Conditions Guidelines can only be made by the Medical Director. This information is to be documented in Comments area of the Registration/Health History form and include the name of the individual giving approval

Conditions not found in this guideline are to be approved prior to accepting or deferring a donor.

“Designee” denotes someone authorized to provide guidance for accepting or deferring a donor and includes NYBC Fellows and Special Donor Services representatives.

MEDICAL CONDITION	COMMENT
Abortion	Defer for 6 weeks from date of termination
Abscesses	Accept after condition is resolved and treatment is complete.
Acne	Accept if not taking a deferring medication
Acoustic Neuroma	Accept if benign (non-cancerous) If malignant (cancerous), accept if cancer free for at least one year post treatment
Acromegaly	Accept.
Actinomycosis	Accept after condition resolved and treatment complete.
Acupuncture	Accept only if underlying condition is not cause for deferral and if performed with single-use equipment and under aseptic conditions; otherwise defer 12 months.
Acute Tubular Necrosis	Accept if recovered and renal function normal.
Addison's Disease	Permanent deferral.
Adenomas	Accept.
Adrenal Disorders	See specific disorder
Adrenal Glands Absent	Permanent deferral.
Adrenal-Cortical Syndrome (Cushing's Syndrome)	Accept if cured.
Agammaglobulinemia	Permanent deferral.
AIDS	Permanent deferral.
Alcoholic Cirrhosis	Permanent deferral.
Alcoholism	Defer if under the influence.
Allergies	Accept as long as donor has no sinus or respiratory infections.
Allergy Injections	One day deferral.
Alpha-1-Antitrypsin Deficiency	Accept if asymptomatic and not using replacement therapy.
Amoebic Dysentery	Accept after treatment is completed and parasite eliminated.
Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease)	Permanent deferral.
Anaplasmosis	Accept if treatment complete and feeling well Defer 90 days if untreated
Anemias	Accept if hemoglobin/hematocrit qualifies and specific cause of anemia does not disqualify donor. Underlying cause should be documented. (See specific entity. If condition not listed contact Medical Director).

MEDICAL CONDITION	COMMENT
Aneurysms	Aortic or cerebral aneurysm: If surgically corrected and asymptomatic defer for 6 months from date of surgery. If not surgically corrected written medical release and Medical Director review is required.
Angina Pectoris	If donor had cardiac surgery or stent, and angina is resolved, accept if: <ol style="list-style-type: none"> 1. 6 months after surgery, AND 2. Donor is asymptomatic, AND 3. Donor has resumed normal activities
Angioedema	Defer if cause is genetic. Accept donor is stable and symptom free.
Angioplasty/Stenting (Coronary)	Accept 6 months after procedure if: <ol style="list-style-type: none"> 1) Donor is asymptomatic and 2) Donor has no limitation of activities
Animal Bites	No deferral (unless wound infected currently)
Animal Needle Stick	Defer for 12 months a donor who has been exposed to an animal's blood (domestic or feral) through a needle stick.
Ankylosing Spondylitis	Accept if no limitation of motion (can sit in donor chairs).
Anthrax	Confirmed diagnosis: Defer until the full course of treatment is complete. Confirmed test: Defer until treatment is complete. Confirmed exposure: Defer until treatment is complete or condition is resolved.
Antiphospholipid Antibody Syndrome	Accept if symptom free
Aortic Stenosis	Accept 6 months after surgical repair if: <ol style="list-style-type: none"> 1) Donor is asymptomatic and 2) Donor has no limitation of activities
Appendectomy	Accept if released from doctor's care, feels well, full activity has been resumed.
Arrhythmias	<ol style="list-style-type: none"> 1. A donor with a history of arrhythmia may be accepted if: <ol style="list-style-type: none"> a. Donor is asymptomatic and b. Donor has no history of other cardiac problems. 2. A donor with a history of arrhythmia <u>on medication</u> may be accepted if: <ol style="list-style-type: none"> a. Donor is asymptomatic and b. Donor has no history of other cardiac problems and c. Donor's physician provides written consent and/or Medical Director gives medical clearance.
Arteriovenous (AV) Malformation	Accept if surgically corrected and asymptomatic for 6 months from date of surgery. If not surgically corrected written medical release and Medical Director review is required.
Arthritis	Osteoarthritis - Accept. Rheumatoid arthritis – Accept unless in acute phase
Asbestosis	If causing chronic lung disease, permanent deferral, otherwise accept.
Asthma	Accept if asymptomatic.

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Atrial Fibrillation	<ol style="list-style-type: none"> 1. A donor with a history of atrial fibrillation (arrhythmia) may be accepted if: <ol style="list-style-type: none"> a. Donor is asymptomatic and b. Donor has no history of other cardiac problems. 2. A donor with a history of atrial fibrillation (arrhythmia) <u>on medication</u> may be accepted if: <ol style="list-style-type: none"> a. Donor is asymptomatic and, b. Donor has no history of other cardiac problems and. c. Donor's physician provides written consent and/or Medical Director gives medical clearance.
Autoimmune Disorders	A donor is acceptable with or without medications provided they are not having an acute episode and on no deferring medication.
Babesiosis	Permanent deferral.
BCG (Bacillus Calmette-Guerin)	Defer for 2 weeks after treatment with BCG
Bee Stings	One day deferral.
Bell's Palsy	Accept (If related to <i>Lyme Disease</i> see entity.)
Benign Bladder Polyps	Accept. NOTE: If being treated with BCG, then defer two weeks.
Benign Prostatic Hypertrophy (BPH)	Accept if not taking medications on <i>Medication List</i>).
Bipolar Disease	Accept if mentally competent and understands procedure.
Bladder Disorder	<p>Benign bladder polyps: accept unless being treated with BCG then defer two weeks.</p> <p>Bladder cancer: accept if cancer free for at least one year post treatment</p> <p>Cystitis (bladder infection): accept after condition resolved and treatment complete</p>
Bleeding Disorders	See specific entity. If not present, the Medical Director or designee is to evaluate.
Blood Donation	See " <i>Interval Between Donation Dates</i> ".
Blood Transfusion	Defer 12 months after last transfusion. NOTE: Autologous platelet enriched plasma injection treatments - accept
Body Piercing	Accept only if performed with single-use equipment and under aseptic conditions; otherwise defer 12 months.
Bone Disorders	<p>Accept unless condition is malignant or infectious.</p> <p>If malignant accept if cancer free for at least one year post treatment</p> <p>If infected, then follow criteria for osteomyelitis - accept 2 years after confirmed cured.</p>
Bone Marrow Donor	Accept 8 weeks after donation unless there remain lingering complications
Brain Surgery	<p>Non-vascular: accept if recovered and seizure free in last one month.</p> <p>Vascular, bleeding: follow criteria for <i>Cerebrovascular Accident</i> (i.e., accept one year after the stroke and the donor is stable with or without deficits).</p> <p>Vascular, aneurysm: Refer to Medical Director.</p> <p>For malignancy (<i>Cancer</i>): accept if cancer free for at least one year post treatment</p> <p>Dura mater (brain covering) transplant: permanent deferral.</p>
Branding	Skin branding: 12-month deferral.
Breastfeeding	Accept if 6 weeks postpartum

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Brucellosis	Defer 2 years after diagnosis provided treatment is complete and there is no recurrence.
Buerger's Disease	Permanent deferral.
Bursitis	Accept if not infected and donor in no acute distress.
Cancer	<p>1. Skin cancer: Localized basal cell carcinoma or squamous cell carcinoma: accept if completely excised and healed or topical treatment completed and healed.</p> <p>2. Carcinoma-in-situ (stage where cancer cells are still within their site of origin) of the vulva, cervix or breast; papillary thyroid carcinoma: accept after completion of therapy.</p> <p>3. Leukemia, lymphoma, Hodgkin's disease and multiple myeloma: permanent deferral.</p> <p>4. All other cancers, including melanoma, accept if cancer free for at least one year post treatment.</p> <p>NOTE: Tamoxifen and other medications used for breast cancer preventative treatment – accept provided the donor meets all other criteria for cancer.</p>
Candida Infection (Candidiasis)	Defer until resolved if systemic or involving mouth, esophagus, trachea, bronchi or lungs. If vaginal, accept.
Canker Sore	Accept if not chronic (never healing).
Cardiac Arrest	Accept if the donor is fully recovered without restrictions and <p>1. The arrest was not related to underlying heart disease and</p> <p>2. Donor is asymptomatic,</p> <p>If the arrest was due to underlying heart disease or the cause was unknown: If related to heart disease accept one year later if:</p> <p>1. Donor is asymptomatic, and</p> <p>2. Donor has no limitation of activities, and</p> <p>3. Donor's physician has given written approval regarding blood donation OR verbal approval by a NYBC Medical Director.</p>
Cardiac Catheterization	Refer to specific disease or Medical Director
Cardiac Defects	Defer if symptomatic Accept if asymptomatic with no limitation activities If surgically corrected, accept after 6 months if asymptomatic with no limitation of activities.
Cardiomyopathy	Accept with note from own MD or call Medical Director.
Cardiovascular Disease	See specific entity. If not listed, refer to Medical Director.
Carotid Bruit	Refer to Medical Director.
Carpal Tunnel Syndrome	Accept.
Casts	Accept only if there was a simple fracture/break. If there was any type of surgery, defer until the cast is removed and all wounds are completely healed.
Cat-Scratch Disease	Accept after condition resolved and treatment complete.
Cauterization	Accept.
Celiac Disease	Accept.
Cellulitis	See <i>Skin Infections</i>

MEDICAL CONDITION	COMMENT
Central Nervous System Disorders	See specific entity; if not listed refer to Medical Director.
Cerebral Palsy	Accept if donor safety can be ensured during phlebotomy
Cerebrovascular Accident	Accept if: 1. One year after the stroke and 2. The donor is stable with or without deficits; If donor received anticoagulation therapy, defer for at least one month after treatment is complete.
Cervical Dysplasia	Accept
Chagas Disease	Permanent deferral.
Chancre	Defer until 12 months after completion of therapy. (Is a primary syphilitic lesion.)
Chemotherapy	See <i>Cancer</i> .
Chest Pain	Defer unless evaluated by doctor and not due to heart disease. If due to heart disease, see <i>angina pectoris</i> .
Chicken Pox	If not previously immunized (See also <i>Immunizations and Vaccinations list</i>) or infected, defer 21 days after exposure. Otherwise accept. Defer for active infection until 1 week after lesions resolved. If injected with VZIG (varicella immune globulin – ‘chicken pox vaccine’) post-exposure, defer 12 months.
Chikungunya	Defer until well and healthy.
Chlamydia (genital)	Accept
Chronic Bronchitis	Accept if symptom free and not on antibiotics.
Chronic Fatigue Syndrome (CFS; myalgic encephalomyelitis or ME)	If diagnosed by a physician - permanent deferral
Chronic Granulomatous Disease	Permanent deferral.
Chronic Lung Disease	Accept if donor is asymptomatic and not on antibiotics
Cirrhosis	Permanent deferral
Coagulation Factor	If received for condition other than congenital coagulation factor deficiency (see <i>below</i>) - defer 12 months from the time of infusion.
Coagulation Factor Deficiencies (Congenital)	Permanent deferral except for Factor XII (12) deficiency.
Coccidiomycosis	Permanent deferral if disseminated or extra pulmonary (outside the lungs). If pulmonary, defer for two years after diagnosis provided treatment is complete.
Cold Sores	Accept if dried and healing.
Colds	Defer for active symptoms of a cold, flu, or upper respiratory infection (URI, sore throat) until symptoms have subsided and have been symptom free for 3 days.
Colitis, Non-Specific	Accept if asymptomatic. Defer for 3 days after last episode of diarrhea.
Collagen Vascular Diseases	Refer to <i>specific disease</i> .
Condylomata Acuminata (Venereal Warts)	Accept

MEDICAL CONDITION	COMMENT
Congenital Heart Disease	Defer if symptomatic Accept if asymptomatic with no limitation activities If surgically corrected, accept after 6 month if asymptomatic with no limitation of activities.
Congestive Heart Failure	See <i>Cardiomyopathy</i>
Conization of Cervix	See <i>Surgery</i>
Conjunctivitis	Defer until resolved and asymptomatic.
Convulsions	Accept if no seizure in the past month. If due to cancer, accept if cancer free for at least one year post treatment
COPD (Chronic Obstructive Pulmonary Disease)	Accept if donor is asymptomatic and not on antibiotics.
Coronary Artery Bypass Surgery	Accept if: 1. 6 months after surgery, AND 2. Donor is asymptomatic, AND 3. Donor has resumed normal activities, If due to heart attack accept one year later if: 1. Donor is asymptomatic, AND 2. Donor has no limitation of activities, AND 3. Donor's physician has given written approval regarding blood donation OR verbal approval by a Medical Director.
Costochondritis	Accept.
Coxsackie Virus	Accept if recovered.
CREST Syndrome	Accept if asymptomatic.
Creutzfeldt-Jacob Disease	Permanent deferral.
Crohn's Disease	Accept if asymptomatic and no diarrhea for 3 days.
Cryptococcosis	Accept if well and asymptomatic. Permanent deferral if extra pulmonary.
Cryptosporidiosis	Accept if asymptomatic and off treatment.
Cushing's Syndrome	Accept if cured.
Cutaneous Larva Migrans	Accept after completion of therapy and feels well.
Cystic Fibrosis	Accept if no current infection and off treatment Defer if infected or being treated for an infection.
Cystitis	Accept after condition resolved and treatment complete.
Cysts	Accept if not infected.
Cytomegalovirus (CMV)	Acute infection: defer until resolved and no jaundice occurred. If jaundice occurred, permanent deferral. Accept if antibody positive (due to past infection or exposure) but symptom free.
Deep Vein Thrombosis (DVT)	Accept if condition resolved and at least one month after completion of anticoagulation therapy.
Dengue Fever	Defer for 120 days after resolution of symptoms.

MEDICAL CONDITION	COMMENT
Dental Work/Surgery	Minor cleanings or fillings: accept. Root canal, oral surgery, or tooth extraction <i>with no signs or symptoms of infection</i> : defer 3 days. Dental Bone Matrix procedure accept (FDA approved, demineralized, sterilized osseous material used in rebuilding bone). NOTE: Autologous platelet enriched plasma injection treatments - accept If sutures are present defer until removed and wound healed.
Dermatitis	Accept unless lesions are in area of venipuncture.
Dermatomyositis	Accept if asymptomatic.
Diabetes	Accept if stable with no acute events.
Dialysis	Accept if dialysis is discontinued. Permanent deferral for chronic dialysis patient.
Diarrhea	Accept if symptom-free for 3 days.
Diverticular Disease	Accept if symptom free for 3 days.
Down's Syndrome	Accept if mentally competent and understands procedure.
Dura Mater (brain covering) graft or transplant	Permanent deferral.
Ear Piercing	Accept only if performed with single-use equipment and under aseptic conditions; otherwise defer 12 months.
Ebola	If you have been told by public health authorities that you may have been exposed to a patient with Ebola virus disease, do not donate blood for 28 days following your last contact with the infected person. If you have recovered from Ebola virus disease, then you are deferred from donation for 1 year after you recover.
Ectopic Pregnancy	Defer 6 weeks after resolution.
Eczema	Accept if lesions not in area of venipuncture.
Ehlers Danlos Syndrome	Permanent deferral.
Ehrlichiosis	Accept if asymptomatic and treatment is complete. If signs or symptoms, defer for six months after completion of treatment.
Electrolysis	Accept only if performed with single-use equipment and under aseptic conditions; otherwise defer 12 months.
Embolism	<u>Pulmonary embolism</u> : Accept if condition resolved, donor is asymptomatic and at least one month after completion of anticoagulation therapy. <u>Brain embolism</u> : Accept if: 1. One year after the stroke and; 2. The donor is stable with or without deficits and; 3. Anticoagulation therapy is complete for at least one month. <u>Limb embolism</u> : Accept if condition resolved, donor is asymptomatic and at least one month after completion of anticoagulation therapy.
Emphysema	Accept if symptom free and not on antibiotics.
Encephalitis	Accept 4 weeks after recovery.
Endocarditis	Accept after condition resolved and treatment complete. If taking prophylactic antibiotics, obtain Medical Director approval.
Endocrine Disorder	See <i>specific entity</i>
Endometriosis	Accept.
Endometritis	Accept after condition resolved and treatment complete.

MEDICAL CONDITION	COMMENT
Epilepsy	Accept as long as seizure-free in the past month. If due to cancer, accept if cancer free for at least one year post treatment
Epistaxis (Nosebleed)	Accept if does not have bleeding disorder.
Epstein Barr Virus	Accept if recovered and no jaundice occurred.
Erythema Nodosum	Can accept if recovered and asymptomatic.
Esophagitis	Accept if asymptomatic and no underlying disease.
Factor V Leiden	Permanent deferral if had more than one thromboembolic episode. Anticoagulation therapy, if received, must be finished for at least one month.
Factor XI deficiency	Permanent deferral.
Fainting	Defer if frequent and recurring.
Fever Blisters	Accept if dried and healing.
Fibrocystic Disease Of Breast	Accept.
Fibroids	Accept.
Fibromyalgia	Accept.
Fibromyositis	Accept.
Fifth Disease	Defer 21 days after exposure.
Floppy Valve (mitral valve prolapse)	Accept if: 1. Asymptomatic and, 2. No arrhythmias and, 3. No limitation of activities.
Flu	Accept when symptom free for 3 days.
Food Poisoning	Accept if symptom free for 3 days.
Fungal Infection	See <i>specific entity</i> . If systemic or deep tissues involved, defer 1 month after cessation of therapy and feels well. If superficial, away from venipuncture site - accept.
G6PD deficiency	Accept for platelet or plasma donations. Defer from RBC donation types.
Gastritis	If acute - accept after condition resolved. If chronic – accept if not on antibiotics (for Helicobacter Pylori).
GERD (Gastric Esophageal Reflux Disorder)	Accept
Genital Herpes	Accept.
Genital Warts	Accept.
GI Disorders	See <i>specific entity</i> ; otherwise obtain Medical Director approval.
Giardiasis	Accept after condition resolved and treatment complete.
Gilbert's Syndrome	Accept.
Gingivitis	Accept.
Glaucoma	Accept.
Glomerulonephritis	Permanent deferral if chronic renal disease. If condition resolved and kidney function normal - accept.

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Gonorrhea	Defer 12 months after treatment completed.
Gout	Accept if controlled.
Granuloma Annulare	Accept as long as antecubital area not involved.
Granuloma Inguinale	Accept after treatment completed and lesions healed.
Grave's Disease	Accept once euthyroid (normal thyroid function) NOTE: Thyroid hormone replacement therapy – accept.
Growth Hormone	Human derived growth hormone – permanent deferral. NOTE: The use of human derived pituitary growth hormone was discontinued by the FDA in 1985. Recombinant or synthetic growth hormone – accept.
Guillain-Barre Syndrome	Can accept if recovered and asymptomatic.
Hairy Cell Leukemia	Permanent deferral.
Hair Transplant	Accept only if performed with single-use equipment and under aseptic conditions; otherwise defer 12 months.
Hanson's Disease (Leprosy)	Permanent deferral.
Hashimoto's Disease	Accept after treatment of acute phase of disease is complete. Thyroid hormone replacement (thyroxine, Synthroid) – accept.
Hay Fever	Accept as long as donor has no sinus or respiratory infection.
Head Injury	Accept if seizure free in past month. Obtain Medical Director approval, if necessary.
Headache	Cluster, migraine, tension - defer until resolved and feels well.
Heart Attack	Accept one year later if: 1. Donor is asymptomatic, AND 2. Donor has no limitation of activities, AND 3. Donor's physician has given written approval regarding blood donation OR verbal approval by a Medical Director.
Heart Disease	See <i>specific entity</i> . If not listed, obtain Medical Director approval.
Heart Murmur	Accept if: 1. Donor asymptomatic and, 2. Has no activity limitations and 3. See also arrhythmias
Heart Surgery	May accept if: 1. Has been six months since surgery, 2. Has resumed normal activities and 3. Is asymptomatic. If due to heart attack accept one year later if: 1. Donor is asymptomatic, AND 2. Donor has no limitation of activities, AND 3. Donor's physician has given written approval regarding blood donation OR obtain Medical Director approval.
Heartburn	Accept.
Helicobacter pylori	Accept if treatment is complete and off antibiotics.
Hematuria	Defer until evaluated by doctor then re-evaluate with diagnosis.

MEDICAL CONDITION	COMMENT
Hemochromatosis	Accept if donor meets criteria for donation including the appropriate interval for targeted donation. If the donor doesn't meet criteria follow Hereditary Hemochromatosis Phlebotomy Program.
Hemodialysis	Accept if dialysis discontinued. Permanent deferral for chronic dialysis patients.
Hemolytic Anemias	See <i>specific entity</i> . If not listed, obtain Medical Director approval.
Hemophilia	Permanent deferral.
Hemorrhoids	Accept. If post-operative, defer until healing is complete.
Hepatitis	Permanently defer a donor with a history of Hepatitis B or C. Accept a donor who has tested positive for Hepatitis Bs antibodies (anti-HBs) following Hepatitis B immunization Accept a donor with a history of non-viral Hepatitis caused by alcohol ingestion, drug sensitivity, toxin or Hemochromatosis, provided donor meets all other criteria for donation. NOTE: A donor with a history of Hepatitis A is acceptable provided he/she is well and healthy.
Hereditary Spherocytosis	Permanent deferral.
Hernia	Accept.
Herniated Disc	Accept.
Herpes Simplex	Accept if dried and healing. Permanent deferral if chronic ulcers persisting > 1 month or if donor has related bronchitis, pneumonitis or esophagitis.
Hidradenitis [inflammation of the sweat gland(s)]	Accept after condition resolved and treatment complete.
High Blood Pressure	Accept if blood pressure at site is within NYBC guidelines. See <i>Criteria For An Acceptable Donation</i> .
Hirschsprung's Disease	Accept if recovered and asymptomatic.
Histoplasmosis	Accept if disease diagnosed by chest x-ray findings as inactive disease. Defer if disease is active.
HIV Test Confirmed Positive	Permanent deferral.
Hodgkin's Disease	Permanent deferral.
HTLV Test Confirmed Positive	Permanent deferral.
Human Bite	Defer 12 months if skin is broken, otherwise accept.
Huntington's Disease	Accept as long as movement disorder does not interfere with donation.
Hydrocephalus	Accept if mentally competent, no infection and no active seizure history.
Hyperlipidemia	Accept.
Hyperparathyroidism	Accept if asymptomatic.
Hypertension	Accept if blood pressure at site is within NYBC guidelines. See <i>Blood Pressure – DHQ User Brochure</i>
Hypoglycemia	Accept if asymptomatic.
Hypoparathyroidism	Accept if asymptomatic.

MEDICAL CONDITION	COMMENT
Hypotension	Accept if blood pressure at site is within NYBC guidelines. See <i>Blood Pressure – DHQ User Brochure</i>
Idiopathic Thrombocytopenic Purpura (ITP)	Accept if had childhood ITP (acute) and now well. Accept if had gestational ITP and now well Accept if had adult form of ITP, is well now and off medication. If still undergoing treatment, then obtain Medical Director approval.
Immunizations	See <i>Immunizations and Vaccinations</i>
Infections	See specific entity. If not listed, obtain Medical Director approval.
Infectious Mononucleosis	Accept when symptom free.
Insect Bites	Defer if bite infected or if not able to perform venipuncture due to location.
Irritable Bowel Syndrome	Accept if asymptomatic. Defer for 3 days after last episode of diarrhea.
Isosporiasis	Accept if recovered. Permanent deferral if chronic intestinal infection (> 1 month duration of diarrhea),
Itching	Accept unless not able to perform venipuncture due to site of itching.
IVIg (Intravenous Immune Globulin)	Defer 12 months.
Jacob-Creutzfeldt Disease	Permanent deferral.
Jaundice	Determine cause. Permanent deferral if cause is unknown or associated with any Hepatitis B or C. Accept non-viral jaundice, i.e., jaundice as a newborn, erythroblastosis fetalis (hemolytic disease of newborn or Rh disease); jaundice secondary to gallstones, Gilbert's Disease, drug sensitivity or toxin once recovered.
Kaposi's Sarcoma	Permanent deferral
Kawasaki Syndrome	Accept if well and healthy with no cardiac complications.
Keratoconjunctivitis	Accept after condition resolved and treatment complete.
Kidney Disease	Permanent deferral if chronic renal failure. Accept if recovered and kidney function normal for at least 3 days.
Kidney Stones	Accept if asymptomatic.
Kidney Transplantation	Defer for 12 months. Defer if has chronic renal failure.
Laparoscopy	Evaluate reason for laparoscopy. Accept if incision is healed and released from physician's care.
Laparotomy	Evaluate reason for laparotomy. Accept if incision is healed and released from physician's care
Legionnaire's Disease	Accept after condition resolved and treatment complete.
Leishmaniasis	Permanent deferral.
Leukemia	Permanent deferral.
Leukoplakia	Accept.
Lipomas	Accept if not in antecubital areas and are benign. If malignant, see <i>Cancer</i> .
Liver Disease	See specific entities/jaundice. If not listed, Medical Director to evaluate.

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Lou Gehrig's Disease	Permanent deferral.
Low Blood Pressure	Accept if blood pressure during donor evaluation is within NYBC guidelines. <i>See Blood Pressure – DHQ User Brochure</i>
Lung Disorders	See <i>specific entity</i> . If not listed, obtain Medical Director approval.
Lung Surgery	Accept after released from doctor's care and condition resolved.
Lupus (Discoid)	Accept if asymptomatic.
Lupus (Systemic)	Accept if asymptomatic.
Lyme Disease (Confirmed)	<ul style="list-style-type: none"> • Accept after treatment whether or not they are symptomatic. • Accept after 30 days if asymptomatic whether or not treated.
Lymphadenopathy (enlarged lymph nodes)	Obtain Medical Director approval
Lymphoma	Permanent deferral.
Malaria	Accept if 3 years from completion of therapy if they have remained symptom-free.
Malignancy	See <i>Cancer</i> .
Manic-Depressive Illness	Accept if competent and can understand the process
Marijuana use	Accept if currently not under the influence.
Mantoux Test	Diagnostic skin test for tuberculosis. See <i>Tuberculosis</i> .
Marfan's Syndrome	Obtain Medical Director approval
Mastitis	Accept after condition is resolved and treatment completed.
Measles	Accept for exposure if the donor has been vaccinated or had the illness >3 weeks ago. If neither applies defer for 3 weeks after exposure.
Melanoma (or Malignant Melanoma)	Accept if cancer free for at least one year post treatment
Meniere's Disease	Accept if no problems of vertigo or dizziness when donor moves.
Meningitis	Accept after condition is resolved and treatment completed.
Migraine	Defer until resolved and feels well.
Miscarriage	Defer for 6 weeks from date of termination
Mitral Insufficiency / Mitral Valve Prolapse	Accept if: <ol style="list-style-type: none"> 1. Asymptomatic, 2. No arrhythmias, 3. No limitation of activities.
Monoclonal Gammopathy of Undetermined Significance (MGUS)	Permanent deferral
Mononucleosis ("Mono")	Defer until symptom free
Multiple Myeloma	Permanent deferral.
Multiple Sclerosis	Accept if symptoms stable over the past 2 months with or without medications.
Mumps	Accept 14 days after resolution of symptoms.
Murmurs	Accept if: <ol style="list-style-type: none"> 1. Asymptomatic and, 2. No limitation of activities.

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Muscular Dystrophy	Accept if donor safety can be ensured during phlebotomy,
Myasthenia Gravis	Accept if asymptomatic.
Mycosis Fungoides	Permanent deferral.
Myocardial Infarction	Accept one year later if: 1. Donor is asymptomatic, AND 2. Donor has no limitation of activities, AND 3. Donor's physician has given written approval regarding blood donation OR approved by a Medical Director.
Narcolepsy	Accept if condition doesn't interfere with donation.
Nephritis	Permanent deferral if chronic renal disease. Temporary deferral if disease active. Accept if disease resolved and kidney function normal.
Nephrosclerosis	Permanent deferral if chronic renal failure. Deferral for 3 days if disease is current and active; otherwise accept.
Neuralgia (Trigeminal)	Accept.
Neurofibromatosis	Accept if donor is in good health (no infections or malignancies) and has no lesions in the antecubital area that may interfere with the aseptic scrub.
Non Specific Urethritis	Accept if asymptomatic. Refer to <i>Syphilis or Gonorrhea</i> if related to those conditions.
Nose Bleed (Epistaxis)	Accept if does not have bleeding disorder.
Nursing Mothers	Accept.
Osgood-Schlatter Disease	Accept.
Osteomyelitis	Accept 2 years after fully recovered.
Osteoporosis	Accept.
Otitis Media	Accept after condition is resolved and treatment completed.
Ovarian Cysts	Accept once released from doctor's care and feels well. (Be certain that there was no diagnosis of malignancy.)
Pacemaker	Accept with Medical Director approval.
Paget's Disease Of Bone	Accept.
Paget's Disease Of Breast	Accept if cancer free for at least one year post treatment
Palpitations	Accept if not due to cardiac disease and asymptomatic at time of donation. If cardiac, 1. A donor with a history of palpitations (arrhythmia) may be accepted if: a. Donor is asymptomatic, b. Donor has no history of other cardiac problems. 2. A donor with a history of palpitations (arrhythmia) <u>on medication</u> may be accepted if: a. Donor is asymptomatic, b. Donor has no history of other cardiac problems. c. Donor's physician provides written consent and/or NYBC physician gives medical clearance.
Pancreatitis	Accept after condition is resolved and treatment completed.
Papilloma Virus	Accept.

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Parasitic Infections	See <i>specific entity</i> ; if not listed obtain Medical Director approval.
Parkinson's Disease	Accept if condition doesn't interfere with donation.
Paroxysmal Nocturnal Hemoglobinuria	Permanent deferral.
Parvovirus	Accept if treatment completed and fully recovered. Defer for 21-days after exposure.
Pelvic Inflammatory Disease	Accept after condition is resolved and treatment completed. Defer for 12 months from completion of treatment if due to gonorrhea.
Pemphigoid/Pemphigus Vulgaris	Accept if venipuncture sites are clear.
Pericarditis	Accept after treatment and condition resolved. Accept if taking prophylactic antibiotics – accept.
Periodontal Disease	Accept 3 days after condition resolved and treatment completed. Accept If on maintenance/prophylaxis therapy (e.g., Periostat) – accept
Peripheral Vascular Disease	Accept if donor meets all other criteria. (Question donor about heart disease.)
Peritoneal Dialysis	Permanent deferral for chronic dialysis patients.
Pernicious Anemia	Accept if hemoglobin within donor limits.
Pertussis	Obtain Medical Director approval
Phlebitis	If superficial: accept if asymptomatic. Deep vein thrombosis: accept if asymptomatic and at least one month after completion of anticoagulation therapy.
Pilonidal Cysts	Accept if meets all donor criteria, no chronic fever and no antibiotics.
Pituitary Growth Hormone	Human derived growth hormone – permanent deferral. NOTE: The use of human derived pituitary growth hormone was discontinued by the FDA in 1985. Recombinant or synthetic growth hormone – accept.
Pityriasis	Accept if lesions not in antecubital regions.
Pleurisy	Defer until symptom free.
Pneumocystis Carinii Pneumonia (PCP)	Permanent deferral
Pneumonia	Bacterial or viral types – accept after condition is resolved and treatment completed.
Pneumothorax	Accept if resolved.
Poison Ivy	Accept if no secondary infection and venipuncture sites clear.
Poliomyelitis	Accept unless there is active infection.
Polycystic Kidney Disease	Accept if renal function normal. Permanent deferral if renal function abnormal.
Polycystic Ovary Syndrome	Accept.
Polycythemia	Permanent deferral except if testosterone related polycythemia, then defer for 6 months.
Polymyalgia Rheumatica	Accept if asymptomatic.
Polymyositis	Accept if asymptomatic.

MEDICAL CONDITION	COMMENT
Porphyria Cutanea Tarda	Permanent deferral.
Post-Splenectomy	Accept if removed because of trauma or spontaneous rupture. If removed for disease, obtain Medical Director approval.
Pott's Disease	See <i>Tuberculosis</i>
PPD Test (Purified Protein Derivative)	Diagnostic skin test for tuberculosis. Donors who have just received a TB skin test because of exposure but have not yet had the test read are to be deferred until skin test is evaluated. Donors who have just received a TB skin test as part of employment screening or yearly physical, but have not yet had the test read: accept.
Pregnancy	Defer for 6 weeks after full term delivery, miscarriage or abortion. Donation during pregnancy: must be approved by medical director.
Progressive Multifocal Leukoencephalopathy	Permanent deferral.
Progressive Systemic Sclerosis	Accept if disease is stable.
Prostate Disorder	Enlarged prostate without cancer (benign prostatic hypertrophy): accept NOTE: Verify donor not taking a deferring medication. Prostate cancer: accept if cancer free for at least one year post treatment. Prostatitis: accept after condition resolved and treatment complete. NOTE: Antibiotic maintenance treatment accept
Psoriasis	Accept if no secondary infection, lesions not in area of venipuncture. NOTE: Verify donor not taking a deferring medication.
Psychiatric Problems	Accept if competent and can understand the process
Pulmonary Embolism	Accept if condition resolved, donor asymptomatic and at least one month after completion of anticoagulation therapy.
Pyelonephritis	Permanent deferral if chronic renal disease. Accept if disease resolved and kidney function normal for at least 3 days
Q Fever	Accept 2 years after confirmed cured.
Raynaud's Disease (Phenomenon)	Accept if asymptomatic at time of donation.
Reflux, Gastro esophageal	Accept.
Regional Enteritis	Accept if asymptomatic
Reiter's Syndrome	Accept if asymptomatic.
Relapsing Fever	Obtain Medical Director approval.
Renal Calculi	Accept if asymptomatic.
Renal Failure	Permanent deferral if chronic renal failure. Accept if recovered and kidney function normal for at least 3 days.
Respiratory Infection (Viral)	Defer for active symptoms of a cold, flu, or upper respiratory infection (URI, sore throat) until symptoms have subsided and have been symptom free for 3 days.
Reticuloendotheliosis (Hairy Cell Leukemia)	Permanent deferral.
Rheumatic fever	2 years following the date of cessation of symptoms, unless evidence of chronic heart disease

MEDICAL CONDITION	COMMENT
Rheumatic Heart Disease	Defer if symptomatic, activities limited and/or on medication. Accept if on prophylactic antibiotics are only.
Ringworm	Accept if not in antecubital region.
Rocky Mountain Spotted Fever	Once antibiotics completed, wait 1 week. If no recurrence, accept.
Ronnel (Insecticide) Poisoning/ Exposure	Defer for 2 weeks after skin exposure. (Agent is an anti- cholinesterase, may alter red cell stability.)
Root Canal Surgery	If with no signs or symptoms of infection: defer 3 days. If sutures are present defer until removed and wound healed.
Rosacea	Accept unless donor has secondary infections.
Roseola	Defer for 2 weeks after recovered.
Rubella (German Measles)	Accept for exposure if the donor has been vaccinated or had the illness >4 weeks ago. If neither applies defer for four weeks after exposure.
Salmonella	Accept after condition is resolved and treatment completed. Obtain Medical Director approval if recurrent.
Sarcoidosis	Accept.
Sarcoma	Accept if cancer free for at least one year post treatment
Scabies	Defer until off medication and asymptomatic
Scarlet Fever	Accept if well and asymptomatic. If heart disease involved, see <i>Rheumatic Heart Disease</i> . If exposed to patient, defer until 2 days after exposure and well.
Scarring	12 month deferral if intentional skin scarring to make a design
Schizophrenia	Accept if competent and can understand the process
Scleroderma	Accept if disease is stable.
Seizures	Accept as long as seizure-free in the past month. If was due to cancer, accept if cancer free for at least one year post treatment
Sepsis	Accept 1 week after condition is resolved and treatment completed.
Severe Acute Respiratory Syndrome (SARS)	1. Donors with a history of SARS, suspected of having SARS, or being treated for SARS: Accept 28 days after symptoms are resolved and treatment is complete. 2. Donors who have been in close contact (i.e., cared for, lived with or had direct contact with body fluids) with someone with SARS or suspected of having SARS: Accept 14 days after last exposure provided donor is asymptomatic.
Shigella	Accept if resolved or asymptomatic. Defer for 3 days after last episode of diarrhea.
Shingles	Defer while active lesions present and for 1 week afterwards. Accept when lesions inactive.
Shortness Of Breath	Accept if Shortness of breath on exertion, providing donor is active and has no restrictions on his/her activities
Sickle Cell Disease	Permanent deferral.
Sickle Cell Trait	Known Sickle Cell Trait donor accept for platelet/plasma donations only. Do not collect RBC products (whole blood or RBC apheresis)
Sinusitis	Accept after condition is resolved and treatment completed.
Sjogren's Syndrome	Accept.

MEDICAL CONDITION	COMMENT
Skin Infections	Accept mild skin disorders, i.e., acne, psoriasis, poison ivy, without secondary infection. Venipuncture site must be clear. Defer for 3 days or until treatment is complete and condition is resolved (whichever is longest period): any skin infection at the venipuncture site, severe skin infection anywhere on the body or any undiagnosed skin lesions.
Skin Piercing	Accept only if performed with single-use equipment and under aseptic conditions; otherwise defer 12 months.
Smallpox Vaccine Exposure	For any donor who has come in close contact with someone who received smallpox vaccine (i.e., touched the vaccination site, touched the bandages or covering of vaccination site, handled bedding or clothing that has come in contact with a vaccination site): If asymptomatic - accept If symptomatic (development of 'blister' at site of exposure) or severe complications - defer for eight weeks after the onset of symptoms or 14 days after resolution of symptoms, whichever is longer. Severe complications include the following: Rash (resembling 'blisters') covering a small or large area of the body; necrosis (tissue death) in the area of exposure; inflammation of the brain (encephalitis); infection of the cornea (eye); localized or systemic skin reaction in someone with eczema or other chronic skin condition.
Sore Throat	Defer for active symptoms of a cold, flu, or upper respiratory infection (URI, sore throat) until symptoms have subsided and have been symptom free for 3 days.
Spherocytosis	Permanent deferral.
Splenectomy	Accept if removed because of trauma or spontaneous rupture. If removed for disease, obtain Medical Director approval.
Spondylitis	Accept if no limitation of motion (can sit in donor chairs).
Stein-Leventhal Syndrome	Accept
Stem Cell Donation	Defer for 8 weeks after procedure.
Stenting (Coronary)	Accept 6 months after procedure if: 1. Donor is asymptomatic, 2. Donor has no limitation of activities
Stitches	Defer until stitches removed and wound healed.
Strep Throat	Accept after treatment completed and condition is resolved.
Stroke	Accept if: 1. One year after the stroke; 2. The donor is stable with or without deficits; 3. If received anticoagulation therapy, it is complete for at least one month after treatment is complete.
Surgical Procedures	Accept if released from doctor's care, feels well, and full activity has been resumed. Obtain Medical Director approval for pre-op disease process, if necessary. Defer 12 months if transfused. NOTE: Autologous platelet enriched plasma injection treatments - accept
Syphilis	Defer for 12 months after treatment completed.
Systemic Lupus Erythematosus (SLE)	Accept if asymptomatic.
Tachycardia	Accept if pulse within criteria on day of donation.

MEDICAL CONDITION	COMMENT
Tattoos	Defer 12 months unless tattooed in a licensed NJ parlor (see Q27 in DHQ User Brochure)
Tendonitis	Accept if no acute symptoms
Thalassemia Major	Permanent deferral.
Thalassemia Trait/Minor	Accept if hemoglobin/hematocrit is within the acceptable range.
Thrombophlebitis	Superficial: accept if asymptomatic. Deep vein thrombosis: accept if condition resolved and at least one month after completion of anticoagulation therapy.
Thrombophilia	Permanent deferral if had more than one thromboembolic episode. Anticoagulation therapy, if received, must be finished for at least 4 weeks.
Thyroid Disorders	Hyperthyroidism and Hypothyroidism: Accept once euthyroid (normal thyroid function) NOTE: Thyroid hormone replacement therapy acceptable.
Tick Bite	If asymptomatic defer for 2 weeks following bite, regardless of treatment. Defer for 3 months if febrile or symptomatic. If donor has a diagnosis, i.e., <i>Babesiosis Lyme Disease, Ehrlichiosis, Rocky Mountain Spotted Fever</i> , see specific entity.
Tinea Versicolor Infection	Accept if venipuncture site is clear
Tonsillectomy & Adenoidectomy	Accept if released from doctor's care, feels well, and full activity has been resumed. Obtain Medical Director approval for pre-op disease process. Defer 12 months if transfused.
Tonsillitis	Accept after condition is resolved and treatment completed.
Tooth Extractions	If with no signs or symptoms of infection: defer 3 days. If sutures are present defer until removed and wound healed.
Tourette Syndrome	Accept if movements do not affect phlebotomy.
Toxic Shock Syndrome	Accept after condition is resolved and treatment completed.
Toxoplasmosis	Accept 6 months after completion of treatment and donor feels well
Transfusion	Defer 12 months.
Transient Ischemic Attacks (T.I.A.)	Accept if: 1. One year after the stroke; 2. The donor is stable; 3. If received anticoagulation therapy, it is complete for at least one month.
Transplant	Defer for 12 months recipients of an allogeneic skin, tissue or bone fragment transplant. Defer for 12 months recipients of an organ transplant. Permanent deferral for cornea or dura mater (or brain covering) graft. Defer 12 months for bone marrow or hematopoietic stem cell transplant. Permanent deferral for xenotransplantation.
Trichomoniasis	Accept after treatment and <u>asymptomatic</u>
Trypanosomiasis	Permanent deferral.
Tuberculosis	For active infection - defer 2 years after diagnosis provided treatment is complete. Accept, if exposure and on anti-tubercular drugs and had negative chest x-ray. Accept if had positive skin test and negative chest x-ray.

MEDICAL CONDITION	COMMENT
Tuberculosis Skin Test	Donors who have just received a TB skin test because of exposure but have not yet had the test read are to be deferred until skin test is evaluated. Donors who have just received a TB skin test as part of employment screening or yearly physical, but have not yet had the test read, are acceptable.
Typhoid Fever (Salmonella)	Accept after condition is resolved and treatment completed. Medical Director to evaluate if recurrent.
Ulcer Disease	Accept if asymptomatic.
Ulcerative Colitis	Accept if asymptomatic and no diarrhea for 3 days.
Undulant Fever (Brucellosis)	Defer 2 years after diagnosis provided treatment is complete and has no recurrence.
Urinary Tract Infection	Accept after treatment is completed and condition is resolved. Accept if on prophylactic antibiotics and asymptomatic
Urticaria	Defer only if lesions in area of venipuncture.
Uterine Bleeding	1. If cause unknown – defer until evaluated by donor's doctor. 2. If non-malignant and meets donor criteria - accept.
Vaccinations	See <i>Immunizations and Vaccinations</i> .
Vaginitis	Accept.
Varicella-Zoster Infection (Shingles)	Defer while active lesions present and for 1 week afterwards. Accept when lesions inactive.
Vasectomy	Defer 3 days.
Venereal Warts (Human Papilloma Virus)	Accept.
Venereal Disease	See <i>specific disease</i> .
Viral Infections	Defer until donor afebrile and free of symptoms. If exposed to childhood infection or contagious disease, see <i>specific entity</i> .
Von Recklinghausen's Disease	Accept if donor is in good health (no infections or malignancies) and has no lesions in the antecubital area that may interfere with the aseptic scrub.
Von Willebrand's Disease	Accept if no episodes of major bleeds and never required treatment.
Warts	Accept. If recently removed and no sign of infection accept.
West Nile Virus (WNV)	For medical diagnosis (symptoms and laboratory results) of WNV or suspected WNV illness or infection: Defer for 120 days after diagnosis or onset of illness, whichever is the longest time period.
Wilm's Tumor	Accept if cancer free for at least one year post treatment
Wolff- Parkinson-White Syndrome	1. A donor with a history of arrhythmia may be accepted if: a. Donor is asymptomatic, b. Donor has no history of other cardiac problems. 2. A donor with a history of arrhythmia <u>on medication</u> may be accepted if: a. Donor is asymptomatic, b. Donor has no history of other cardiac problems. c. Donor's physician provides written consent and/or NYBC physician gives medical clearance. d. Donor is not taking any medication listed on the <i>Medication Deferral List</i> .
Wilson's Disease	Accept if not jaundiced.

MEDICAL CONDITION	COMMENT
Xenotransplantation	Permanent deferral.
Yeast Infection	Vaginal - Accept. Thrush – obtain Medical Director approval
Zika Virus	Donors diagnosed with the Zika virus are acceptable 4 weeks after symptoms (rash, fever, joint pain, muscle pain, headache or red eyes) are resolved. Donors who describe 2 or more symptoms suggestive of Zika virus occurring within 2 weeks of departure from an area at-risk for Zika virus are acceptable 4 weeks after symptoms (see above) are resolved. Defer for 4 weeks after sex with a man who has traveled to a Zika transmission country in the past 3 months